

Day Time Resources for Refugee Claimants

Free Meals

The following locations are places that offer free meals throughout the day.

- 1JustCity Inc.
 - Pimicikamak Wellness Centre, 621 Balmoral Street
 - Monday - Thursday: Lunch (12:00 - 2:00 pm)
 - Agape Table
 - 364 Furby Street
 - Monday - Friday: Bagged Breakfast (7:00 - 11:00 am)
 - Ma Mawi Wi Chi Itata Centre
 - McGregor Community Care Site, 363 McGregor Street
 - Monday - Friday: Breakfast (9:15 am), lunch (12:15 pm)
 - LightHouse Mission
 - 669 Main Street
 - Monday - Thursday: Breakfast (9:00 - 11:15 am), hot lunch (1:00 - 3:15 pm)
 - Friday: Lunch (1:00 - 4:00 pm), chili and church (6:00 - 7:30 pm)
 - Siloam Mission
 - 300 Princess Street
 - Monday - Sunday: Breakfast (9:00 - 10:00 am), Lunch (12:30 - 1:30 pm), Supper (6:00 - 7:00 pm)
 - Union Gospel Mission
 - 320 Princess Street
 - Lunch Service: Monday - Friday (11:30 am)
 - Evening Soup Line: Everyday (7:30 pm)
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Drop-In

The following locations offer drop-in programs, details vary in each location.

- 1JustCity Inc.
 - Pimicikamak Wellness Centre, 621 Balmoral Street
 - Monday - Thursday (12:00 - 3:00 pm)
 - Drop-in includes access to: showers, public phone, wi-fi, laundry, and a safe place to hang out
 - Ma Mawi Wi Chi Itata Centre
 - McGregor Community Care Site: 363 McGregor Street
 - Monday - Friday (8:30 am - 3:30 pm)
 - Drop-in includes access to: free coffee, wi-fi, and a warm place to stay
 - One88
 - 188 Princess Street
 - Monday - Thursday (10:00 am - 2:00 pm)
 - Drop-in includes access to: free coffee, showers (Tuesday - Thursday), laundry, and a place to relax
 - Lunch is served on Tuesdays
 - Siloam Mission
 - 300 Princess Street
 - Everyday (7:00 am - 1:30 pm and 4:00 - 7:30 pm). Closed from 1:30 - 4:00 pm
 - Drop-in includes access to: the clothing room, laundry services, and showers
 - Access to these services requires sign up at 9:00 am
 - Union Gospel Mission
 - 320 Princess Street
 - Monday - Friday (2:00 - 4:00 pm), Saturday - Sunday (10:00 am - 6:00 pm)
 - Drop-in includes access to: warm environment, coffee, snacks, clothing, and access to private shower rooms
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- Sunshine House
 - 646 Logan Avenue
 - Sunday - Thursday (11:00 am - 4:00 pm)
 - Monday and Wednesday (6:00 – 9:00 pm) - The evening drop-in, is primarily for members of the 2SLBTQ+ communities
 - Drop-in includes access to: food, laundry, shower, use of a phone, clothing closet, support with EIA paperwork and housing applications, and recreational and social activities.

Free Wi-Fi

The Following locations offer free internet access.

- Millennium Library
 - 251 Donald Street
 - Wi-Fi available whenever the library is open: Monday-Thursday (10:00 am - 8:00 pm), Friday - Saturday (10:00 am - 5:00 pm), and Sunday (1:00- 5:00 pm)
- St John's Library
 - 500 Salter Street.
 - Wi-Fi available whenever the library is open: Monday, Tuesday and Thursday (1:00 - 8:00 pm), Friday - Saturday (10:00 am - 5:00 pm)

Resources for Women and Gender-diverse People:

- North End Women's Centre
 - 394 Selkirk Avenue
 - Monday, Tuesday, Thursday (12:00 - 4:00 pm)
 - Wednesday (8:30 am - 4:00 pm)
 - Drop-in includes access to: food, washrooms, harm reduction, hygiene supplies
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- North Point Douglas Women's Centre
 - 221 Austin Street
 - Monday, Tuesday, Wednesday, and Friday (9:00 am - 4:00 pm)
 - Closed from (12:00 - 1:00 pm), closed on Thursday, Saturday, and Sunday
 - Drop-in includes access to: refreshments, hygiene products, laundry facilities, washrooms, wifi, crisis support
 - West Central Women's Resource Centre
 - 640 Ellice Avenue
 - Hours for Meals and Snacks: Monday, Wednesday, and Friday - lunch (12:00 pm), Tuesday and Thursday - dinner (5:00 pm), Saturday - breakfast and coffee (10:00 am)
 - Drop-in includes access to: phones, computers, showers, laundry facilities, workshops, and varying activities
 - Sage House - Mount Carmel Clinic
 - 886 Main Street
 - Monday, Wednesday, Friday (9:00 am - 5:00 pm)
 - Tuesday and Thursday (9:00 am - 8:00 pm)
 - Closed 9:00 - 11:00 am on the first Wednesday of each month
 - Drop-in includes access to: food, warm shower, harm reduction supplies, and primary health needs, as well as opportunities such as cultural supports, skill building, volunteerism, and support groups.

Recreation and Programming

Connect with New Journey Housing on Fridays at the Refugee Claimant Information Hub or at their main office to learn more about getting a City of Winnipeg recreation pass for more free recreation opportunities

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- New Journey Housing
 - 305 Broadway
 - Monday - Friday (9:30 am - 5:00 pm)
 - Refugee Claimant Information Hub
 - 180 Henry Street (Sanctuary Room)
 - Monday, Thursday, Friday (9:00 - 11:00 am)
 - Winnipeg Community Centres
 - Freight House Recreation Centre
 - 200 Isabel Street
 - Monday - Thursday (10:00 am - 9:00 pm), Friday - Sunday (10:00 am - 4:00 pm)
 - Magnus Eliason Recreation Centre - Spence Neighbourhood Association
 - 430 Langside Street
 - Monday - Friday (9:00 am - 9:30 pm), Saturday - Sunday (10:00 am - 9:30 pm)
 - Mayfair Recreation Centre
 - 40 Mayfair Place
 - Tuesday - Friday (4:00 - 9:00 pm), Saturday - Sunday (11:00 am - 6:00 pm)

Mosques in Downtown Winnipeg

- Jamia Masjid Abobakar Siddique and Community Centre
 - 794 Ellice Ave
 - Everyday (6:15 am - 9:30 pm)
 - Masjid Beit Naballa
 - 325 Wallasey Street
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- Masjid Bilal- Winnipeg Islamic Centre
 - 33 Warnock Street
 - Everyday (12:00 - 11:00 pm)
 - Pakistan Centre Masjid
 - 346 Ross Avenue
 - Winnipeg Central Mosque
 - 715 Ellice Avenue
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